



Freedom Rings at Lakeview Health



Please keep in mind, that while there are a variety of clinical services focused on specific issues that directly affect the GLBTO community, everyone will be expected to participate in the remainder of the program, which may include all patients at Lakeview. We believe that while it is necessary to provide you with a "safe space" to do specific personal work, you will be entering the "real world" again. We would rather you encounter those challenges while in treatment, where we can assist and support you in the decision making process as to how to effectively deal with the feelings associated with those challenges. Whether it be a desire to act out in a self destructive manner, drink or drug, let it happen where help is just a step away.



SPECIALIZING IN THE TREATMENT OF CHEMICAL
DEPENDENCY, ALCOHOLISM AND ASSOCIATED DISORDERS

(800) 759-3440 - (904) 727-6455
www.lakeviewhealth.com

Welcome to Freedom Rings, a component of Lakeview Health Systems, dedicated to providing the highest quality of alcohol, drug and dual diagnosis treatment services to the Gay, Lesbian, Bisexual, Transgender and Questioning Community. Staffed by clinicians whose training and personal background lend themselves to working effectively with this population, you will also discover a treatment environment where diversity and one's personal choices are respected .

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Research & our experience

in treating the GLBTO population, have shown us the impact heterosexism, homophobia, prejudice and discrimination has had on them. Shame has been identified as a major component in the progression of the disease of addiction and alcoholism. Shame seems to be especially dominant in this population as many are born into heterosexual families, with the expectation they grow up to be heterosexual. Feelings of “not fitting in” or being blamed for something over which they have no control are all gateways for increased shame.



Program Description

- Comprehensive assessments by clinicians sensitive to the impact of heterosexism and homophobia.
- Medical detox, rehab, residential, partial hospital and intensive outpatient services are all available.
- Effective therapies and psychoeducation in an affirming, safe environment.
- Expressive therapy, art therapy, recreational therapy.
- Treatment focus on acceptance, integration, risk taking behaviors and coming out.
- 4 day family recovery program to promote healing within the family system.
- Assistance in establishing new social and emotional networks capable of supporting your recovery.
- Aftercare planning and referral to licensed therapist's with expertise in treating the GLBTO population.



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